

Why should you choose our inpatient depression retreat package?

We are committed to providing a safe, secure, and appropriate treatment for all your mind-related issues like depression.



PERSONALIZED TREATMENT PLANS

We offer tailored therapies to meet your individual needs.



PRIVATE AND PEACEFUL ENVIRONMENT

A safe environment designed for relaxation and recovery



HOLISTIC APPROACH

We focus on mind, emotional, and physical well-being during our treatment.



DISCOUNT PRICE

Avail of the depression is treated at discount prices now.

Contact Us



+91 975 123 3456 / +91 89255 11247
+91 93449 08108



159/3A, Behind Ramnarayan
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<https://bodhimindcarehospital.com/>



BODHI MIND CARE HOSPITAL

போதி மனநல மருத்துவமனை

Unit of Anantha Bodhi Mind Care

Healthy Mind, Happy Life

அனந்த போதி மனநல மருத்துவ மனம்

மன நலம், வாழ்க்கை வளம்

Regain the joy that you
lost, with the effective
DEPRESSION TREATMENT



Mild Depression (Dynamical Retreat Method)

7 Days Package

- ✓ Motivational Therapy : 7 Sessions
- ✓ Psychiatry Clinic Consultation : 7 Sessions
- ✓ Maurice Day Care Activity : 7 Sessions
- ✓ Rejuvenating Massage : 7 Sessions
- ✓ CBT for depression : 7 Sessions
- ✗ Brain Mapping
- ✗ Brainwave entrainment
- ✓ Accommodations Included

(If required Brain Clinic treatment available)

~~₹ 76,750~~ ₹ 50,499

Moderate Depression (Defeat Your Depression)

14 Days Package

- ✓ Motivational Therapy : 14 Sessions
- ✓ Psychiatry Clinic Consultation : 14 Sessions
- ✓ Maurice Day Care Activity : 14 Sessions
- ✓ Rejuvenating Massage : 7 Sessions
- ✓ CBT for depression : 14 Sessions
- ✓ Brain Mapping : 1 Session
- ✓ Brainwave entrainment : 5 Sessions
- ✓ Accommodations Included

(If required rTMS treatment available)

~~₹ 1,72,400~~ ₹ 1,08,999

Severe Depression (Durable Depression Treatment)

21 Days Package

- ✓ Motivational Therapy : 15 Sessions
- ✓ Psychiatry Clinic Consultation : 21 Sessions
- ✓ Maurice Day Care Activity : 21 Sessions
- ✓ Rejuvenating Massage : 10 Sessions
- ✓ CBT for depression : 15 Sessions
- ✓ Brain Mapping : 1 Session
- ✓ Brainwave entrainment : 10 Sessions
- ✓ Accommodations Included

We offer complimentary follow-ups for 4 weeks. (If required rTMS treatment available)

~~₹ 2,45,250~~ ₹ 1,49,999