

Why should you choose our inpatient anxiety retreat?

We are committed to offering a safe, supportive, and healing environment for individuals.



PERSONALIZED TREATMENT PLANS

Our therapeutic and clinical approaches address the root cause of your anxiety to promote healing.



CALM AND SUPPORT ENVIRONMENT

The retreat takes place in a peaceful, calming setting that fosters relaxation and recovery.



HOLISTIC HEALING APPROACHES

We offer holistic treatments such as yoga, meditation, and others.



DISCOUNT PRICE

Now the inpatients can get effective anxiety treatment at discount prices.

Contact Us



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<https://bodhimindcarehospital.com/>



BODHI MIND CARE HOSPITAL

போதி மனநல மருத்துவமனை

Unit of Anantha Bodhi Mind Care

Healthy Mind, Happy Life

அனந்த போதி மனநல மையத்தின் மின்ன

மன நலம், வாழ்க்கை வளம்

CONQUER ANXIETY

Your Path To Calm Begins Here

Mild Anxiety (Anchor Mind Reset)

7 Days Package

- ✓ Motivational Therapy : 7 Sessions
- ✓ Maurice Day Centre activities : 7 Sessions
- ✓ Psychiatry clinic consultation : 7 Sessions
- ✗ Brain wave entertainment
- ✓ CBT for anxiety : 7 Sessions
- ✗ Brain Mapping
- ✓ Massage Therapy : 7 Sessions

~~₹69,750~~ ₹ 50,500

Moderate Anxiety (Achieve Clarity Pathway)

14 Days Package

- ✓ Motivational Therapy : 14 Sessions
- ✓ Maurice Day Centre activities : 14 Sessions
- ✓ Psychiatry clinic consultation : 14 Sessions
- ✓ Brain wave entertainment : 5 Sessions
- ✓ CBT for anxiety : 14 Sessions
- ✓ Brain Mapping : 1 Session
- ✓ Massage Therapy : 7 Sessions

We offer complimentary follow ups for 2 weeks

~~₹1,60,500~~ ₹ 1,09,000

Severe Anxiety (Awaken Strength)

21 Days Package

- ✓ Motivational Therapy : 15 Sessions
- ✓ Maurice Day Centre activities : 15 Sessions
- ✓ Psychiatry clinic consultation : 21 Sessions
- ✓ Brain wave entertainment : 10 Sessions
- ✓ CBT for anxiety : 15 Sessions
- ✓ Brain Mapping : 1 Session
- ✓ Massage Therapy : 10 Sessions

We offer complimentary follow ups for 4 weeks

~~₹2,09,750~~ ₹ 1,49,999